Professional Engagement Programs 2025

Thematic Seminar: Public Health, Well-being, and Community Action: Beyond Western Narratives of Gender and Sexuality in India

Tentative Itinerary:

**Sunday January 5, 2025**

Arrival at Delhi Airport and SIT-Arranged Transport to Hotel Accommodations

**Monday, January 6, 2025**

- Welcome, Introductions, Burning questions, Program Center Tour
- General health, Culture, and Safety Orientation
- Introduction Lecture on India
- Group Lunch
- Intersection of Caste and Gender Lecture
- Welcome Dinner at Dilli Haat

**Tuesday, January 7, 2025**

- Visit to Rajasthani camp to learn about the urban healthcare delivery model
- Situational analysis of Indian healthcare delivery for LGBTQIA+ Community
- Group Lunch
- Site visit to Naz Foundation - Organization working with the LGBTQIA+ community and started by an SIT Alum
• Visit to Raj Ghat
• Queer walking tour with Mr. Iqbal in Old Delhi and Group Dinner
• Travel to New Delhi Railway Station to take the Pathankot Train for Palampur

**Wednesday, January 8, 2025**

• Arrival at Pathankot
• Travel to Palampur Kayakalp
• Introduction and Facility Tour
• Group Lunch
• Introduction to Ayurveda and concept of Wellbeing
• Ayurvedic Treatment Demonstration
• Induced Meditation Session
• Group Dinner

**Thursday, January 9, 2025**

• Group Yoga Session
• Visit to a Government healthcare center
• Group Lunch
• Site visit to the Himachal Queer Foundation - LGBTQ rights in traditional/rural societies
• Q&A with Dr Ashutosh at Kayakalp
• Travel to McLeod Ganj (The adobe of His holiness Dalia Lama)
• Group Dinner

**Friday, January 10, 2025**
• Visit to Jagori - NGO
• Group Lunch
• Meeting and discussion with Dr. Sonam Dalak - Tibetan Hospital

**Saturday, January 11, 2025**

• Check out from Hotel and Travel to New Delhi via Train
• Check-in to hotel in Dehli
• Concluding Dinner Reception

**Sunday, January 12, 2025**

• Travel to visit the Taj Mahal (Optional)
• Hotel Check-out
• Conclusion of Program