

# Professional Engagement Programs 2025

*Thematic Seminar: Public Health, Well-being, and Community Action: Beyond Western Narratives of Gender and Sexuality in India*

Tentative Itinerary:

## Sunday January 5, 2025

Arrival at Delhi Airport and SIT-Arranged Transport to Hotel Accommodations

## Monday, January 6, 2025

- Welcome, Introductions, Burning questions, Program Center Tour
- General health, Culture, and Safety Orientation
- Introduction Lecture on India
- Group Lunch
- Intersection of Caste and Gender Lecture
- Welcome Dinner at [Dilli Haat](#)

## Tuesday, January 7, 2025

- Visit to Rajasthani camp to learn about the urban healthcare delivery model
- Situational analysis of Indian healthcare delivery for LGBTQIA+ Community
- Group Lunch
- Site visit to [Naz Foundation](#)- Organization working with the LGBTQIA+ community and started by an SIT Alum

### School for International Training

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- Visit to [Raj Ghat](#)
- Queer walking tour with Mr. Iqbal in Old Delhi and Group Dinner
- Travel to New Delhi Railway Station to take the Pathankot Train for Palampur

### Wednesday, January 8, 2025

- Arrival at Pathankot
- Travel to Palampur Kayakalp
- Introduction and Facility Tour
- Group Lunch
- Introduction to Ayurveda and concept of Wellbeing
- Ayurvedic Treatment Demonstration
- Induced Meditation Session
- Group Dinner

### Thursday, January 9, 2025

- Group Yoga Session
- Visit to a Government healthcare center
- Group Lunch
- Site visit to the [Himachal Queer Foundation](#) - LGBTQ rights in traditional/rural societies
- Q/A with Dr Ashutosh at Kayakalp
- Travel to [McLeod Ganj](#) (The adobe of His holiness Dalia Lama)
- Group Dinner

### Friday, January 10, 2025

- Visit to [Jagori](#) - NGO
- Group Lunch
- Meeting and discussion with Dr. Sonam Dalak - Tibetan Hospital

#### **Saturday, January 11, 2025**

- Check out from Hotel and Travel to New Delhi via Train
- Check-in to hotel in Dehli
- Concluding Dinner Reception

#### **Sunday, January 12, 2025**

- Travel to visit the Taj Mahal (Optional)
- Hotel Check-out
- Conclusion of Program