A DAY IN THE LIFE OF IHP



The following is an example of the schedule for a day in an IHP Program.

Please ask your admissions counselor any questions you have about the programming.

SCHEDULE		
TIME	ACTIVITY	DESCRIPTION
8:30-9:00am	Commute to classroom	Commutes to classrooms vary from walks to taking public transportation.
9:00-9:30am	Person of the Day (POD)	Person of the Day or (P-O-D) is a student who takes responsibility for the day and coordinates with our staff. The responsibility for POD rotates through the student group over the semester.
9:30-11:30am	Guest Lecture or Faculty Session	Students receive lectures on politics, economics, history and culture given by local experts and course sessions.
11:30-1:00pm	Lunch	Students eat around the classroom area with provided meal stipends or eat catered lunches as a group.
1:00-2:00pm	Briefing	Staff brief students on an upcoming site visit or excursion.
1:00-2:00pm	Commute to site visit	Students commute together or in small groups to the site visits.
2:15-5:00pm	Site visit	Students visit organizations, projects, government offices, NGO's, social movement organizations and other places of relevance to the program theme.
5:00pm	Programming for the day ends	Students commute back to their lodging, have dinner and complete readings and assignments.