Course Description
This course traces Tibetan and Himalayan history from current political dynamics back to ancient times. It will challenge the prevalent analysis of Tibetan[-oid/-ish] politics synchronically and in emic terms, disconnected from change, larger dynamics and regional events. Students examine local political systems such as the Tibetan Government in Exile and the birth throes of the Nepalese constitution. Students also investigate the politics inherent in everyday life in an exile community, such as around our Boudha program site, themes like individual articulations of identity, as well as the politics of language and of religious practice.

Students will review regional politics, both current and as they have evolved over time. Students will examine politics on the geo-political scale, including the significance of various regions in the Himalayas as well as the maneuvering between Asia’s giants, India and China, whose adjacency renders Nepal “a yam between two boulders”. Through examination of current conditions in Tibet, students will be asked to reflect on and re-conceptualize ideas of power, autonomy, authority and vulnerability on individual, group and state levels. Economic forces to be considered include migratory strategies (Nepalis to the Gulf; Tibetans from TAR & PRC into exile; Tibetans from Nepal to India or beyond) and environmental changes, valuable non-renewable resources and national endeavors in mining, dam-construction, sustainable farming practices and tourism. Students will be asked to question what limits are entailed in each context. Who imposes these limits, how are they created and in what framework do they exist?

The course consists of a series of lectures and seminars, a series of one-day field trips in the Kathmandu Valley, and two extended field trips in Nepal and India (a first one-week excursion and a second two week excursion).

Learning Outcomes
By the end of the course, students will be able to:
- Identify the major regional political issues at global, national and local scales;
- Describe the last 100 years of Chinese administrative intervention in Tibetan regions: prior to 1959, the Cultural Revolution, subsequent reforms, and post-2008;
- Compare and contrast the process of democratic governance in Nepal and Tibetan exile;
- Illustrate social and environmental changes across the Central Himalayas;
- Analyze challenges in identity formation, representation and the bottom line in the context of exile;
- Apply trans-disciplinarity to the politics of Tibetan and Himalayan borders in a formal research paper.

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Language of Instruction
This course is taught in English, including readings in English, but students will be exposed to Tibetan (and Nepali and Sanskrit) vocabulary related to course content as well as the nuances of political change and borders through on-site expert lectures and field visits in a wide range of venues and regional locales. Students will be simultaneously learning Tibetan (and optionally also Nepali) and expected to engage community members in this language (to the best of their abilities) when the opportunity arises.

Course Requirements

Course Schedule

*Please be aware that topics and excursions may vary to take advantage of any emerging events, to accommodate changes in our lecturers' availability, and to respect any changes that would affect student safety. Students will be notified if this occurs.

<table>
<thead>
<tr>
<th>module</th>
<th>The politics of borders in the Nepal Himalayas</th>
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<tr>
<td>1</td>
<td>The politics of borders in Tibet</td>
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<td>The politics of borders in Rasuwa</td>
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<tr>
<td>6</td>
<td>Concluding synthesis and analysis of course themes</td>
</tr>
</tbody>
</table>

Module 1: The politics of borders in the Nepal Himalayas

Session 1 lecture: Understanding the Himalaya & placing its issues in the global context—Anil Chitrakar

required reading:

Session 2 lecture: The People’s War and Media in Nepal—Kunda Dixit

required reading:

Session 3 visit: A walk through time: understanding the historical town of Patan—Anil Chitrakar

required reading:

Session 4 lecture: Language through the lens of human capability in Nepal—Lhamo Yangchen

required readings:

Session 5 lecture: democracy and development at the edge of the state: borderland lives between Nepal and China—Nadine Plachta

required readings:
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Module 2: The politics of borders in Tibet

Session 1 lecture: Aspects of the Tibetan Issue (i/iii): The legal status of Tibetans in Nepal & India—Iona Liddell

required readings:


Session 2 lecture: Aspects of the Tibetan Issue (ii/iii): a Tibetan in media in Nepal—Tsering Dolkar Gurung

required readings:


Session 3 lecture: Aspects of the Tibetan Issue (iii/iii): Snow Lion Foundation, Nepal—Tsering Topgyal


Session 4 group discussion and presentations: “Prisoners of Shangri-La” (Donald Lopez)

required readings:


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Module 3: Critical concepts in context
(20 minutes x 6 see assignment below)

Group 1: The politics of borders in the Nepal Himalayas
Newar/Tamang
Nepal/Tibet Border

suggested readings:
Constitution of Nepal [Nepal], 2015 (2072.6.3), 20 September 2015, available at:
http://recordnepal.com/wire/curious-case-mustang-incident
Gellner, David N., Joanna Pfaff-Czarnecka, and John Whelpton. Nationalism and Ethnicity in a Hindu
https://www.academia.edu/925707/Caste_Ethnicity_and_Inequality_in_Nepal
Holmberg, David H. Order in Paradox: Myth, Ritual and Exchange among Nepal's Tamang. Cornell
Ramble, Charles. "Tibetan Pride of Place: Or, Why Bhotiyas are not an Ethnic Group." In Nationalism and
Saxer, Martin and Juan Zhang (ed.). The Art of Neighbouring: Making Relations Across China’s Borders.
Amsterdam University Press, 2014.
Sharkey, Gregory, "Buddhist Daily Ritual: The Nitya Puja in Kathmandu Valley Shrines", Bangkok, Orchid

Group 2: The politics of borders in Tibetan exile
2008 uprising
The 15th Dalai Lama?

suggested readings:
Dzongzar Jamyang Khyentse Rinpoche. “Time for a Radical Change in How We Raise our Tulkus.” Tricycle
https://www.hrw.org/sites/default/files/reports/tibet0710webwcover_0.pdf
2012.
Smith, Warren W. Tibet's Last Stand? The Tibetan Uprising of 2008 and China’s Response. Lanham:
Tenzin Gyatso. His Holiness the XIV Dalai Lama: Collected Statements, Interviews & Articles. Dharamsala:
The Information Office of His Holiness the Dalai Lama, 1986.

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Tenzin Gyatso. “Reincarnation” His Holiness the 14th Dalai Lama of Tibet. 24 September 2011. [link]


Woeser. “A great ‘civil disobedience’ spreading throughout all of Tibet.” High Peaks Pure Earth. 19 February 2009. [link]

Group 3: The politics of borders in the Himalayas
India/China border[s]
Zomia

suggested readings:


Varagur, Krithika. “Communal Tensions Rattle an Indian Himalayan Region.” Voice of America News. [link]

Module 4 Group discussion: Synthesis and debrief
(20 minutes x 5, see assignment below)

Group 1: The politics of borders of Nepal: Tibetan & Himalayan peoples
Group 2: The politics of borders of Tibetan exile
Group 3: first excursion: The politics of borders in Mundgod
Group 5: second excursion: The politics of borders in Rasuwa
Group 6: The politics of borders in the Himalayas

Module 5 first excursion: The politics of borders of Mundgod

Session 1 visits & field work: visit to the Tibetan market at Calangute, Goa

selected readings:
Choedup, Namgyal. “From Tibetan refugees to transmigrants: negotiating cultural continuity and economic mobility through migration.” PhD diss., Washington University in St. Louis, 2015. [link]


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Session 2 field work: Goa field work

selected readings:

Session 3 lecture & discussion: Doeguling settlement—CTA settlement representative

selected readings:

Session 4 homestays & field work: Mundgod fieldwork

selected readings:

Additional readings will be provided in our “Mundgod Sampler” prior to departure.

Module 6 second excursion: The politics of borders in Rasuwa

Session 1 lecture: Pepchyak: understanding the earthquake resilient feature of vernacular architecture of the Himalayan region (experiences from rebuilding in Tsum and Nubri, Gorkha)—Sonam Lama

selected reading:

Session 2 village home stay & field work: fieldwork in Rasuwa

selected readings:

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Additional readings will be provided in our “Rasuqa Sampler” prior to departure.

**Module 7 Final session: Concluding synthesis and analysis of course themes**

**Evaluation and Grading Criteria**

**Assessment and timing of assignments**

<table>
<thead>
<tr>
<th>Module</th>
<th>Assignment Description</th>
<th>Weight</th>
<th>Due Date</th>
</tr>
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<tbody>
<tr>
<td>2</td>
<td>“Prisoners of Shangri-la” position presentation &amp; paper</td>
<td>10%</td>
<td>3rd week</td>
</tr>
<tr>
<td>3</td>
<td>CCC seminar paper &amp; presentation</td>
<td>15%</td>
<td>one session per student</td>
</tr>
<tr>
<td>4</td>
<td>facilitation: synthesis and debrief</td>
<td>15%</td>
<td>one week per student</td>
</tr>
<tr>
<td>5</td>
<td>first excursion study project</td>
<td>25%</td>
<td>1st Sunday after minor excursion</td>
</tr>
<tr>
<td>6</td>
<td>second excursion study project</td>
<td>20%</td>
<td>1st Monday after major excursion</td>
</tr>
<tr>
<td>passim</td>
<td>contribution to group learning</td>
<td>10%</td>
<td>final Friday</td>
</tr>
</tbody>
</table>

(100%)

**Assignments**

**Module 2: Prisoners of Shangri-la (position presentation & paper)**

**Objectives**
To deconstruct myths about Tibet, both popular and personal.

**How it works**
You will be assigned one position to present in class, from the set of 4(5) Lopez pieces. You will read the whole series and then analyze your position in relation to the others.

Furthermore, the same day, you will submit a written list of five “facts” or “beliefs” about Tibet/Tibetans, etc., facts or beliefs which you previously held and/or continue to hold and/or never held but believe others to have held. These five should include at least two which are not in Lopez’s list of “7 things…”. You will be able to name and assess your sources (textual, visual, oral etc.), including whether the source is unknown (folk wisdom, urban legend, etc.). Maximum 500 words.

**Grading**
Of the total 10% grade for the assignment, 7% will be for the presentation and group discussion and 4% for the written paper.

**Module 3: Critical concept in context (seminar paper & presentation)**

**Objectives**
The “critical concepts in context” are designed to demonstrate the wealth of primary resources at hand in experiential education and to deploy those resources in the analysis and synthesis of core thematic concepts.

**How it works**
You will choose (or be assigned) a keyword central to the “Politics/Borders” course (and/or the “Religion/change,” and/or FME course). You will prepare an engaging five-minute presentation of your keyword and its significance, especially within the thematic seminar. On the due date, before your presentation, you will submit a 500-word write-up of your “critical concept in context”. You will present material from three kinds of sources or evidence: visual, oral/[aural] and written: a textual source, a...

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picture/image, and the fruits of an encounter, i.e. an interview, e.g. a discussion with your homestay family and/or other Tibetan (or Nepali) friends and acquaintances. You do not need to show your visual evidence when we present outside of the program centre, but you must submit it as part of your assignment, and describe the image wherever you make your presentation. You will be able to name and assess your sources. Where appropriate, you will spell your words in Tibetan (in Tibetan script and/or Wylie transliteration).

Grading
Of the total 15% grade for the “critical concept in context”, 7.5% will be for the written paper and 7.5% for the seminar presentation.

Module 4: Facilitation: synthesis and debrief
Objectives
- To enable the group to reflect on what we have learnt from various parts of the course, to integrate knowledge gained from a variety of sources, including field trips, and to share insights;
- To provide a forum for discussion of course readings;
- To give you practice at facilitating discussions and making presentations.
- To engage critically with distinct threads from among the semester themes.

How it works
At the end of orientation, you will be assigned to one of five groups. Each group will be assigned one group discussion to facilitate during the semester. These discussions will be guided by faculty but run by students. The group discussions will last for 60 minutes and will foster debate or discussion about what we have learnt in synthesis in each of three components, “Politics/Borders,” “Religion/Change” and FME, since the previous meeting and will integrate what we have learnt that week in workshops, lectures, field trips and readings with what we have previously covered in the semester. Each group will moreover be assigned a distinct thread from one of the semester themes, to be addressed in the discussion but not as the theme of the entire discussion.

When it is your turn to facilitate a discussion, you need as a group, to identify the most important topics (check the learning goals) that are suitable for class discussion (don’t pick so many topics that there isn’t adequate time to discuss them all). At the meeting, the facilitators should first identify the topics to be covered in the meeting. They should then encourage and direct group discussion of the topics, ensuring that every member of the group is given space to speak, and indeed the everyone does make a contribution, however small. Facilitators are scheduled to meet with a relevant faculty member for the 15 minutes just prior to their session in order to review the questions you will put to the group. Please feel free to approach any faculty member already prior to starting your preparation for your own meeting in order to review the topics to be discussed. We reserve the right to include critical questions or topics if they are absent from your list. It is important to allow sufficient time for discussion of the readings.

Grading
Synthesis and debrief discussions make up 15% of the course grade. The quality of your contribution to the discussions throughout the semester is worth 7.5% and your facilitation of your session is worth another 7.5%. As a participant, you should come to group discussions with notes from the readings including a sentence summarizing the author’s main message. You should contribute to the discussions but not dominate them, your contributions should be informed and you should respect other’s opinions but not be afraid to disagree.

The criteria for evaluating the facilitators are:
- Your introduction identifying the topics to be discussed (5%)
- Your identification and framing of the important issues to be discussed from lectures, workshops, fieldtrips, etc., and the quality of the questions and prompts you used to initiate and direct the discussion (40%)

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• Your identification of the important issues contained in the readings and your facilitation of the discussion of those readings (35%)
• Your facilitation of the group discussion (did you get everyone involved in and enthused about the discussion? Did you use any innovative approaches? Were you able to control the discussion and get it back on track when it wandered off the topic? Did you manage the time well—so that all topics were covered?) (20%)

**Modules 5 & 6: Excursion study projects (first/second)**

**Objectives**
The fieldwork papers are designed to help you to reflect upon, **analyze and synthesize** what you are learning from excursions, field trips, lectures, seminars, readings, formal and informal discussions and your own observations.

**How it works**
After the semester excursions, the major and the minor, you will be asked to reflect in an essay on aspects of the fieldwork you have just carried out and **to relate this to what you have previously learnt and observed** in both the “Religion/Change” and “Politics/Borders” courses. Your essay need to be succinct, well organized and to show that you are thinking about what you are experiencing and that you are synthesizing what you learn from disparate sources.

The first paper, resulting from the first excursion, will be a group study project. This will entail a 1,200-word **minimum** contribution to a paper prepared in collaboration with program peers.

The second excursion study project will be a 1,600-word **minimum**.

**Grading**
These major and minor excursion study projects will comprise **20% and 25% of your “Politics/Borders” grade**, respectively.

Students should note that topics for papers as well as their field study journal are open. Students should not feel they are limited only to topics concerning politics/borders but should feel free to use each paper to explore a variety of topics. To reinforce and emphasize the interdisciplinary nature of these Study Project assignments, the weight given in evaluating the papers will be split equally between the two core courses, Politics/Borders and Religion/Change.

**Module 7: Final reflection paper**

**Objectives**
1. Reflect on your understanding of the Politics of Borders in Tibet & the Himalayas and how your engagement may have changed as a result of your experiences in Nepal and/or India.
2. Reflect on what are the most important things you have learnt from the Politics/Borders course in general.

**How it works**
Before the end of the program write a 1,000 word (minimum) essay covering the following topics:

*Your understanding of the Politics of Borders in Tibet & the Himalayas:*
How have your experiences in Nepal and/or India affected your personal understanding of the politics of borders in Tibet & the Himalayas? If your understanding of the politics of borders has not changed, why do you think this is so?

*Your general learning experience:*
What are the most important things you have learnt from the Politics/Borders course in general. Have you gained insights into US culture as a result of your last four months in Nepal and/or India? If so, please discuss how these insights have shed light on particular aspects of US culture.

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Grading
This reflection counts for 5% of your NPT grade and is due the final Friday of the semester. You will be graded on the quality of your answers to the above questions.

Passim: Contribution to group learning
In this seminar, great emphasis is placed on the students’ active participation in their own education. This element is worth 10% of your Politics/Borders grade. Your grade is allocated on an assessment of your timely attendance and informed participation in all activities, including field trips; your adherence to codes of conduct and conditions of participation; and your general contribution to the maintenance of a positive learning environment throughout the course.

Grading Scale
94-100%   A
90-93%     A-
87-89%     B+
84-86%     B
80-83%     B-
77-79%     C+
74-76%     C
70-73%     C-
67-69%     D+
64-66%     D
below 64   F

Expectations and Policies
Show up prepared. Be on time, have your readings completed and points in mind for discussion or clarification. Complying with these elements raises the level of class discussion for everyone.

Have assignments completed on schedule, printed, and done accordingly to the specified requirements. This will help ensure that your assignments are returned in a timely manner.

Ask questions in class. Engage the lecturer. These are often very busy professionals who are doing us an honor by coming to speak.

Comply with academic integrity policies (no plagiarism or cheating, nothing unethical).

Respect differences of opinion (classmates’, lecturers, local constituents engaged with on the visits). You are not expected to agree with everything you hear, but you are expected to listen across difference and consider other perspectives with respect.

Please refer to the SIT Study Abroad handbook for policies on academic integrity, ethics, warning and probation, diversity and disability, sexual harassment and the academic appeals process. Also, refer to the specific information available in the Student Handbook and the Program Dossier given to you at Orientation.

Disability Services: Students with disabilities are encouraged to contact Disability Services at disabilityservices@sit.edu for information and support in facilitating an accessible educational experience. Additional information regarding SIT Disability Services, including a link to the online request form, is found on the Disability Services website at: http://studyabroad.sit.edu/disabilityservices.

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