Field Methods and Ethics
ANTH 3500 (3 credits/45 class hours)

SIT Study Abroad Program:
Nepal: Tibetan and Himalayan Peoples

Course Description
The Field Methods and Ethics course (FME) introduces students to the conceptual and practical tools for gathering primary data. This course also helps students develop the knowledge and skills that are essential to forming constructive relationships with organizations and/or individuals, which are necessary for completing an academic project in the cultural context of Nepal or India. In particular, the course enhances students’ skills at building rapport; initiating purposeful dialogue in the cultural context of Nepal or India; gathering, recording, and analysing primary data; and writing a scholarly academic report. The course also pays particular attention to US higher education ethical considerations that guide primary data collection and how these could be translated within the local cultural context of Nepal or India and the program’s Critical Global Issue (CGI): Migration | Identity | Resilience. Broadly, the course introduces students to both qualitative and quantitative approaches of social science field research.

The main emphasis of the course is on the development of empirical tools and ethics of interactive research skills involving the collection of primary data. This experiential learning course includes sessions on qualitative methods of research in social sciences and, in particular, in the program’s Critical Global Issue (CGI): Migration | Identity | Resilience, development of a research proposal or internship proposal, and preparation of an application for review of research with human subjects. All students will participate in an overview of research design and methodological approaches to program themes. Ethical considerations related to conducting research or completing an internship will be discussed. The overall aim is to help students hone their experience-based learning processes and prepare them for the development of an Independent Study Project (ISP) that is largely based on the data gathered from primary sources, or an internship at a local organization.

From the first initiation to field study techniques and throughout, this course is interdependent with the two concurrent courses “Politics of Tibetan and Himalayan Borders” and “Religious Change in Tibet and the Himalayas.” The ethics of fieldwork in a variety of Himalayan settings will be addressed, above all in relation to religious traditions and beliefs on the one hand, and, on the other, political circumstances and interactions with the regional and local nodes of power. While cultural environments may be “Tibetan” (including “Tibetanoid/Tibetanish”) they will vary much and renewed cultural adaptation is required throughout the semester in diverse settings across Nepal and India.

Learning Outcomes
The Field Methods and Ethics course comprises 45 hours. Upon completion of the course, students will be able to:

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• Show an acute sense of positionality and perspective and operate independently, using cultural sensitivity, language skills, and local networks of trust built over the course of the semester;
• Demonstrate awareness of appropriate methods and ethics used in field research in the critical global issue of Migration | Identity | Resilience OR demonstrate awareness of the ethics of internship in the context of Nepal or India;
• Analyze and process primary data gathered in the field and draw valid and ethical interpretations and conclusions;
• Produce an Independent Study Project proposal that is in strict observance of ethical academic standards and local values and that includes a research question, sample review of the relevant literature, outline of the field methods, and anticipated ethical challenges and ways of addressing them OR an internship proposal that includes a description of the host organization, an outline of tasks that will be performed, a proposed work timetable, and projected outcomes such as a paper or business plan.

Language of Instruction
This course is taught in English but students will be exposed to Tibetan and Himalayan vocabulary related to course content through in-country expert lectures and field visits to a wide range of venues and regional locales.

Course Requirements

Course Schedule

*Please be aware that topics and excursions may vary to take advantage of any emerging events, to accommodate changes in our lecturers’ availability, and to respect any changes that would affect student safety. Students will be notified if this occurs.

Module 1: Experiential Learning and Positionality in Field-Based Research
This introductory module is designed to introduce students to field-based research in a study abroad context. Students learn how to relate to local communities and individuals. Most particularly, this module allows students to discover the power of experiential learning and use it as a tool to connect to local communities and individuals and develop into reflexive researchers who are attentive to their own positionality in relation to the local communities in which they engage for their research or internship.

Module 1 discussions: Tibetan & Himalayan (& Nepali) customs
Students will participate in discussions about local customs and cultural norms. The first two introductory sessions will take place at orientation. Additional sessions will take place as part of the first and second excursion briefing and independent period preparation. These sessions are key to understanding positionality and navigating relationships with local communities and individuals.

Module 1 visits: local drop-offs
Students will be “dropped-off” in a location and asked to complete local field-based research before returning for a group debrief. Students are asked to collect visual and oral/aural observations with special attention to positionality and outsider/insider perspectives. Local drop-offs are an experiential method of sharpening field-based research skills such as note taking, interview techniques and the politics of culture in Nepal and India. Drop-offs will take place at orientation, in Kathmandu and in selected major and minor excursion locations.

Module 2: Field Methods and Ethics in Migration | Identity | Resilience
This module focuses on the tools and methods required for conducting quantitative and/or qualitative field research in observance of the ethics and value systems of the local community.

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Module 2 lectures and visits

session 1 lecture and visit: the joy of research in Nepal—*Tom Robinson & current Fulbright researchers*

*required readings:*

session 2 lecture: intro to methods i/ii—*Jakko Takkinen*

*required readings:*

session 3 lecture: intro to methods ii/ii—*Hilary Brady Morris*

*required readings:*

Module 2 seminar: critical concepts in context
(30 minutes x 6, see assignment below)

Orientalism
institutional review board (IRB)
experiential education
“Free Tibet” ethics
extractive research/ reciprocity
conflict of interest (religion & the academy)

*suggested readings:*

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CTA Department of Information and Internal Relations, DIIR. *Mahatma Gandhi & His Holiness the Dalai Lama on Non-Violence and Compassion*, Dharamsala, Central Tibetan Administration, 2005.


Watt, Donald B. *Intelligence is Not Enough: The Story of My First Forty Years and of the Early Years of The Experiment in International Living*. Putney, Vermont: The Experiment

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Module 2 Group discussion: Synthesis and debrief
(20 minutes x 5, see assignment below)

group 1: field method & ethics of Nepal: Tibetan & Himalayan peoples

group 2: field method & ethics of Tibetan exile

group 3: first excursion: field method & ethics in Mundgod

group 4: second excursion: field method & ethics in Rasuwa

group 5: field method & ethics in the Himalayas

Module 3: excursions
This module will take place during our first and second excursion and focuses on developing relationships with co-researchers and working with them in the field. Interactions and discussions with co-researchers are designed to open a dialogue about culture, positionality and ethics. This module is an important primer for the independent period, where most students will work with co-researchers in different capacities.

Module 3 exercise with co-researchers: exploring cultural differences

required reading:

Module 3 exercise with co-researchers: social identities exercise

required reading:

Module 4: Introduction to the ISP and Internship
This module will describe the ISP and internship processes and help students brainstorm ideas and set goals for their ISP or internship. The module will include a review and critique of past ISP and/or internship papers. The module will also walk the students through the Local Review Board (LRB) and Institutional Review Board (IRB) process and the application for Human Subjects Review (HSR application).

Session topics
Critical review and discussion of past ISPs or Internships
Introduction to the LRB/IRB process and HSR application
Identifying an ISP advisor or securing an Internship placement
One-on-one meetings with the academic director and program staff to discuss preliminary ISP or Internship ideas

Module 5: Project Proposal Development
Based on learning and engagement in the preceding course modules, this module focuses on ISP and internship proposal development and guiding students through the development of the Human Subjects Review (HSR) application for review by the Local Review Board (LRB). This critical phase in the course involves both large student group meetings and individual student meetings with the academic director and the ISP advisor or internship supervisor.

Session topics
Writing an ISP or Internship proposal

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One-on-one meetings with academic director, program staff and/or ISP advisor or Internship supervisor  
Writing the HSR application  
ISP or Internship proposal presentation to peers and roundtable discussion

**Evaluation and Grading Criteria**

**Description of Assignments:**

**Assignment I: Local Drop-offs**

**Objectives**
To initially explore, observe, document and reflect upon a location; To develop field work skills with group and research collaborators, note taking, transcribing and synthesizing interviews; To give you practice at facilitating discussions and making presentations.

**How it works**
Students will be “dropped-off” in a location and asked to complete local field-based research at one or more sites. Students are required to return from the drop-off with a specific number of visual and oral/aural observations with supporting documentation which they must present and explain during a group debrief.

**Grading**
Participation in the local drop-offs will make up 5% of your Field Methods and Ethics grade.

**Assignment II: “Prisoners of Shangri-la” position presentation & paper**

*required readings:*

**Objectives**
To deconstruct myths about Tibet, both popular and personal.

**How it works**
You will be assigned one position to present in class, from the set of 5(/6) Lopez pieces. You will read the whole series and then analyse your position in relation to the others. Furthermore, the same day, you will submit a written list of five “facts” or “beliefs” about Tibet/Tibetans, etc., facts or beliefs which you previously held and/or continue to hold and/or never held but believe others to have held. These five should include at least two which are not in Lopez’s list of “7 things...”. You will be able to name and assess your sources (textual, visual, oral etc.), including whether the source is unknown (folk wisdom, urban legend, etc.). Maximum 500 words.

**Assignment III: Boudha[“Buddhism”] observed (presentation & paper)**

*required readings:*

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Objectives
To deconstruct misconceptions about Tibetan Buddhism, both popular and personal.

How it works
Having read the Peter Moran text (“Buddhism Observed: Travellers, Exiles and Tibetan Dharma in Kathmandu” (2004), Introduction and Chapter 3, Commodity, Identities and the aura of the Other) you will spend a minimum of one hour making observations at Boudha stupa. Your observations can focus on a particular interaction or on a group of people at the stupa. In tandem with describing your observations, please suggest interpretations for what you have observed. You will bring five such pairings (observation/“what?” plus interpretation/“so what?”) to present in class. You will also have one key insight from Moran's text. You will submit in writing your five pairings.

Assignment IV: Critical concept in context (seminar paper & presentation)

Objectives
The “critical concepts in context” are designed to demonstrate the wealth of primary resources at hand in experiential education and to deploy those resources in the analysis and synthesis of core thematic concepts.

How it works
You will choose (or be assigned) a keyword central to the “Field methods & ethics” course. You will prepare an engaging five-minute presentation of your keyword and its significance, especially within the thematic seminar. On the due date, before your presentation, you will submit a 500-word write-up of your “critical concept in context”. You will present material from three kinds of sources or evidence: visual, oral/aural and written: a textual source, a picture/image, and the fruits of an encounter, i.e. an interview, e.g. a discussion with your homestay family and/or other Tibetan (or Nepali) friends and acquaintances. You do not need to show your visual evidence when we present outside of the program centre, but you must submit it as part of your assignment, and describe the image wherever you make your presentation. You will be able to name and assess your sources. Where appropriate, you will spell your words in Tibetan (in Tibetan script and/or Wylie transliteration).

Grading
Of the total 15% grade for the “critical concept in context”, 7.5% will be for the written paper and 7.5% for the seminar presentation.

Assignment V: Facilitation: synthesis and debrief

Objectives
- To enable the group to reflect on what we have learnt from various parts of the course, to integrate knowledge gained from a variety of sources, including field trips, and to share insights;
- To provide a forum for discussion of course readings;
- To give you practice at facilitating discussions and making presentations.
- To engage critically with distinct threads from among the semester themes.

How it works
At the end of orientation you will be assigned to one of five groups. Each group will be assigned one group discussion to facilitate during the semester. These discussions will be guided by faculty but run by students. The group discussions will last for 60 minutes and will foster debate or discussion about what we have learnt in synthesis in each of three components, “Politics/Borders,” “Religion/Change” and FME, since the previous meeting and will integrate what we have learnt that week in workshops, lectures, field trips and readings with what we have previously covered in the semester. Each group will moreover be assigned a distinct thread from one of the semester themes, to be addressed in the discussion but not as the theme of the entire discussion.

When it is your turn to facilitate a discussion, you need as a group, to identify the most important topics (check the learning goals) that are suitable for class discussion (don’t pick so many topics)

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topics that there isn’t adequate time to discuss them all). At the meeting, the facilitators should first identify the topics to be covered in the meeting. They should then encourage and direct group discussion of the topics, ensuring that every member of the group is given space to speak, and indeed the everyone does make a contribution, however small. Facilitators are scheduled to meet with a relevant faculty member for the 15 minutes just prior to their session in order to review the questions you will put to the group. Please feel free to approach any faculty member already prior to starting your preparation for your own meeting in order to review the topics to be discussed. We reserve the right to include critical questions or topics if they are absent from your list. It is important to allow sufficient time for discussion of the readings.

Grading
Synthesis and debrief discussions make up 15% of the course grade. The quality of your contribution to the discussions throughout the semester is worth 7.5% and your facilitation of your session is worth another 7.5%. As a participant, you should come to group discussions with notes from the readings including a sentence summarizing the author’s main message. You should contribute to the discussions but not dominate them, your contributions should be informed and you should respect other’s opinions but not be afraid to disagree.

The criteria for evaluating the facilitators are:

- Your introduction identifying the topics to be discussed (5%)
- Your identification and framing of the important issues to be discussed from lectures, workshops, fieldtrips, etc., and the quality of the questions and prompts you used to initiate and direct the discussion (40%)
- Your identification of the important issues contained in the readings and your facilitation of the discussion of those readings (35%)
- Your facilitation of the group discussion (did you get everyone involved in and enthused about the discussion? Did you use any innovative approaches? Were you able to control the discussion and get it back on track when it wandered off the topic? Did you manage the time well—so that all topics were covered?) (20%)

Assignments VI & VII: Excursion study projects (first & second)

Objectives
The fieldwork papers are designed to help you to reflect upon, analyze and synthesize what you are learning from excursions, field trips, lectures, seminars, readings, formal and informal discussions and your own observations.

How it works
After each of the semester excursions, the major and the minor excursion, you will be asked to reflect in an essay on aspects of the fieldwork you have just carried out and to relate this to what you have previously learnt and observed in the “Field Methods and Ethics,” “Religion/Change” and “Politics/Borders” courses. There will be two essays in total. They need to be succinct, well organized and to show that you are thinking about what you are experiencing and that you are synthesizing what you learn from disparate sources.

The first paper, resulting from the first excursion, will be a group study project. This will entail a 1,200-word minimum contribution to a paper prepared in collaboration with program peers.

The second excursion study project will be a 1,600-word minimum.

Grading
The essays will comprise 10% and 15% respectively of your Field methods and ethics grade. Each essay will have a different objective and therefore detailed instructions and grading criteria will be given at the time they are assigned.

Students should note that topics for papers as well as their field study journal are open. Students should not feel they are limited only to topics concerning politics/borders but should feel free to use each paper to explore a variety of topics. To reinforce and emphasize the interdisciplinary nature of

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Assignment VIII: Final reflection paper

Objectives

1. Reflect on your understanding of research field methods and ethics in Tibet and the Himalayas and how your engagement may have changed as a result of your experiences in Nepal and/or India.
2. Reflect on what are the most important things you have learnt from the Politics/Borders course in general.

How it works

Before the end of the program write a 1,000-word (minimum) essay covering the following topics:

Your understanding of the field methods and ethics of the trans-Himalayan region:

How have your experiences in Nepal and/or India affected your personal understanding of research field methods and ethics in Tibet and the Himalayas? If your understanding has not changed, why do you think this is so?

Your general learning experience:

What are the most important things you have learnt from the Politics/Borders course in general. Have you gained insights into US culture as a result of your last four months in Nepal and/or India? If so, please discuss how these insights have shed light on particular aspects of US culture.

Grading

This reflection counts for 5% of your FME grade and is due the final Friday of the semester. You will be graded on the quality of your answers to the above questions.

Passim: Contribution to group learning

In this seminar, great emphasis is placed on the students’ active participation in their own education. This element is worth 10% of your Field Methods and Ethics grade. Your grade is allocated on an assessment of your timely attendance and informed participation in all activities, including field trips; your adherence to codes of conduct and conditions of participation; and your general contribution to the maintenance of a positive learning environment throughout the course.

Field Work Journal

Students are expected to keep a work journal where they will document thoroughly all the activities and assignments carried out during the course. This will also continue during the Independent Study Project or the internship period. The work journal is submitted for review and evaluation 5 times during the course of the semester.

ISP/Internship Proposal

All students must develop an ISP or internship proposal. The ISP proposal should address a theme related to the program, include research question and objectives, theoretical framework, methodology, and comply with the ethical standards learned throughout the course.

The internship proposal should include the objectives to be achieved during the internship period, a justification of the work and the organization selected, skills or areas in which the student can contribute to the work of the host organization, and an outline of the work plan to be carried out.

Participation

All students are expected to prepare for classes, attend and participate in all lectures, class discussions, field activities, and carry out all assignments and other activities prepared in the context of the Field Methods and Ethics course.

Assessment and timing of assignments

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<tr>
<th>Assessment</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>I local drop-offs</td>
<td>5%</td>
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<tr>
<td>II “Prisoners of Shangri-la”</td>
<td>5%</td>
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<tr>
<td>III “Buddhism Observed”</td>
<td>5%</td>
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<tr>
<td>IV CCC seminar paper &amp; presentation</td>
<td>15%</td>
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V facilitation: synthesis and debrief 15% one week per student

VI first excursion group study project 10% 1st Sunday after major excursion

VII second excursion study project 15% 1st Monday after minor excursion

VIII final reflection paper 5% final Friday
Independent study/internship proposal 15%
contribution to group learning 10%

(100%)

Grading Scale
The grading scale for all classes is as follows:

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<tr>
<th>Percentage</th>
<th>Grade</th>
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<tr>
<td>94-100%</td>
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<tr>
<td>90-93%</td>
<td>A-</td>
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<td>87-89%</td>
<td>B+</td>
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<td>84-86%</td>
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<td>80-83%</td>
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<td>77-79%</td>
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<td>74-76%</td>
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<td>70-73%</td>
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<td>67-69%</td>
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<td>64-66%</td>
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Expectations and Policies
- **Show up prepared.** Be on time. Have your readings completed and points in mind for discussion or clarification. Complying with these elements raises the level of class discussion for everyone.
- **Have assignments completed on schedule, printed, and done according to the specified requirements.** This will help ensure that your assignments are returned in a timely manner.
- **Ask questions in class. Engage the lecturer.** These are often very busy professionals who are doing us an honor by coming to speak.
- **Comply with academic integrity policies** (no plagiarism or cheating, nothing unethical).
- **Respect differences of opinion** (those of classmates, lecturers, local constituents engaged with on the visits, etc.). You are not expected to agree with everything you hear, but you are expected to listen across difference and consider other perspectives with respect.

Please refer to the SIT Study Abroad Handbook for policies on academic integrity, ethics, warning and probation, diversity and disability, sexual harassment, and the academic appeals process.

**Disability Services:** Students with disabilities are encouraged to contact Disability Services at disabilityservices@sit.edu for information and support in facilitating an accessible educational experience. Additional information regarding SIT Disability Services, including a link to the online request form, can be found on the Disability Services website at: http://studyabroad.sit.edu/disabilityservices

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