

The following is an example of the schedule for two days in an IHP Program.  
Please ask your admissions counselor any questions you have about the programming.

## DAY 1

TIME	ACTIVITY	DESCRIPTION
7:30-8:30am	Commute to classroom	Commutes from homestays to classrooms vary from walks to taking public transportation. Students receive a travel stipend.
8:30-9:00am	Person of the Day (POD)	Person of the Day or (P-O-D) is a student who takes responsibility for the day and coordinates with our staff. The responsibility for POD rotates through the student group over the semester.
9:00-9:30am	Survival Language Class	Most IHP country programs offer survival language classes to better communicate with local transportation, homestay families, etc.
9:30-11:30am	Guest Lecture: Political Economy of Country #2	During the start of a country program, students receive lectures on politics, economics, history and culture given by local experts.
11:30-1:00pm	Lunch	Students eat around the classroom area with provided meal stipends or eat catered lunches as a group.
1:00-2:00pm	Briefing	Staff brief students on an upcoming site visit, rural stay or excursion.
1:00-2:00pm	Commute to site visit	Students commute together or in small groups to the site visits.
2:15-5:00pm	Site visit	Students visit organizations, projects, government offices, NGO's, social movement organizations and other places of relevance to the program theme.
5:00pm	Programming for the day ends	Students commute back to their homestays or explore the area. Students travel in pairs, as per IHP policy.

## DAY 2

TIME	ACTIVITY	DESCRIPTION
8:00-9:00am	Commute to classroom	Students take public transportation to go to the classroom from their homestays.
9:00-9:30am	POD	"Person of the Day" (POD)
9:30-10:00am	Debrief	Group reflection and analysis of the previous day site visit, academics or lectures.
10:00-10:15am	Break	
10:15-12:00pm	Faculty Session	Students take four courses while on IHP programs taught by traveling and local faculty members. Classes range between 1.5-2 hours.
12:00-1:30pm	Lunch	Students eat around the classroom area.
1:30-3:00pm	Group time	Students and the traveling Fellow talk about topics related to travel, privilege, positionality, culture and group interests or dynamics. This time is dedicated to building up the traveling, student, and local staff community as is needed at the time.
3:00-3:30pm	Commute to site visit	Students commute together or in small groups to the site visits.
3:30-5:30pm	Site visit	Students visit organizations, projects, government offices, NGO's, social movement organizations and other places of relevance to the program theme.
5:30pm	Optional activity	These can be cultural activities, exploring local sites or student organized activities.